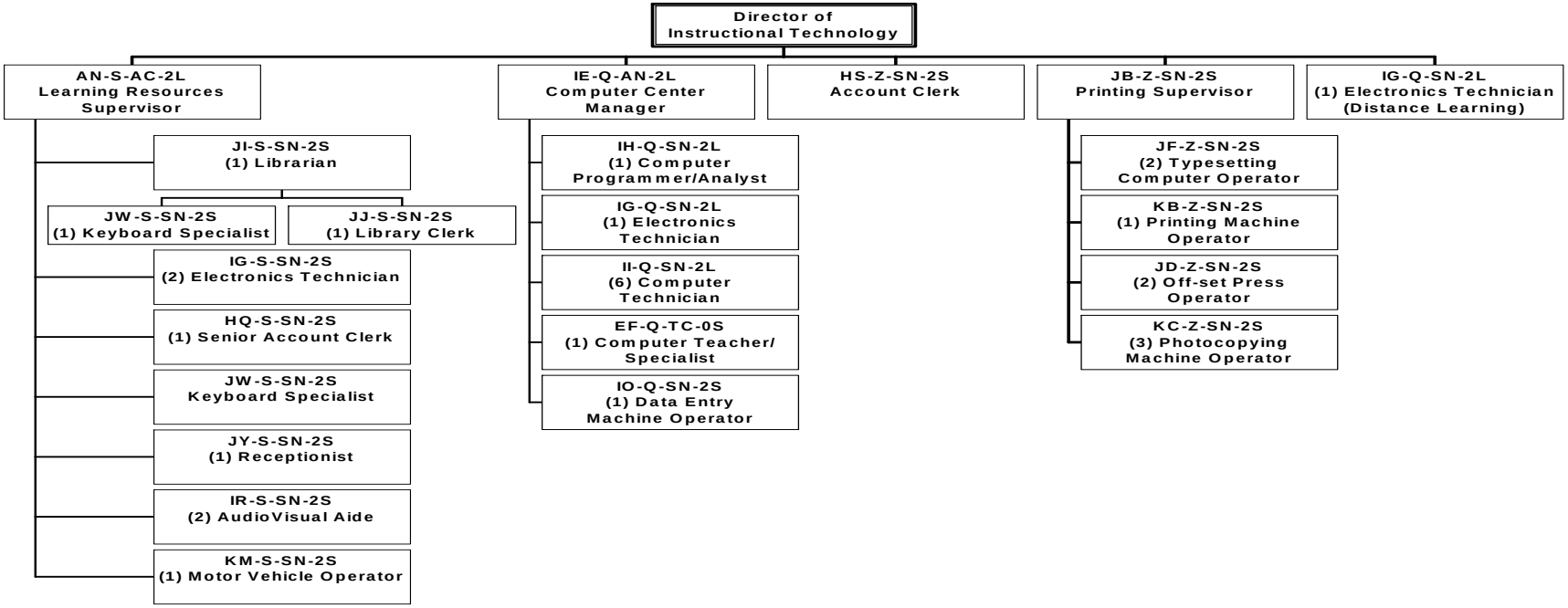Instructional Technology